

Post treatment areas should be covered with ointment:

Bacitracin Zinc Ointment or Catrix Ointment

Wounds will heal faster and with less scarring if you moisturize it 2-4 times a day.

- **Bathing:** Do not take a bath, go swimming or go into a hot tub until your wounds are healed.
- You may shower normally and gently massage the areas treated. The skin treated with the laser is now "thin" and needs to be treated delicately. Be careful to avoid over-scrubbing. If you see a spot of bleeding, do not be alarmed, just back off of the intensity of the massage. Pat dry with a clean towel.
- **Exercise:** Mild to moderate physical exercise is permitted, but heavy perspiring should be avoided. In addition, swimming should not be done for at least 2 weeks.
- **Children:** If the treated child is very active, a dressing may be applied to prevent the skin from breaking open or being contaminated with dirt.
- **Typical Course of Healing:** Treatment of the skin by a laser causes a minor "burn" reaction. The immediate response may be slight "whitening" of the surface and redness in the surrounding skin. Swelling and redness may increase 24 to 48 hours after treatment, depending upon the size and location of the treated areas. Areas that were treated deeper will have a heavier yellow crust and will take up to 2 weeks to reach the smooth, red stage. - Do not remove crust this might result in permanent scarring
- **Make-Up:** Can only be applied once the area is smooth and red or pink and not crusting. Do not apply makeup until you are told to do so.
- Pain is rather uncommon after laser shaving /destruction treatment. The treated area will feel similar to a sunburn. It will "tingle" or "sting" for a few hours. To relieve your mild pain or discomfort, take acetaminophen (Tylenol®) or Extra Strength Acetaminophen (Extra Strength Tylenol®). Follow the dose directions on the package.
- **Sun Protection:** When the crust has fallen off and new pink skin is exposed, it needs to be protected from the sun. Unprotected exposure to the sun may cause the area to heal darker than normal skin. Use a sun screen preparation above 45 SPF
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When to call office immediately?

Any of the following symptoms at your wound or the area around it:

- Increasing redness or swelling
- Increasing pain or discomfort
- Yellowish or greenish drainage
- Have Cold sore on your face
- Rash
- Blistering
- A temperature of 100.4° F (38 ° C) or higher
- If you do not have a follow-up appointment

